

**Courage & Renewal® Peace & Social Justice Pilgrimage to South India**  
**February 14-27, 2018**  
**Valerie Brown, JD, MA, ACC and Dr. Mukta Panda, Pilgrimage Leaders**  
[www.leadsmartcoaching.com](http://www.leadsmartcoaching.com)

**CONFIDENTIAL PRE-PILGRIMAGE MEDICAL INFORMATION FORM & QUESTIONNAIRE**

Please complete this **REQUIRED**, confidential medical information form upon registration and email it to [ValerieBrown95@gmail.com](mailto:ValerieBrown95@gmail.com) and [Mukta.Panda@erlanger.org](mailto:Mukta.Panda@erlanger.org)

Name:

Address/Phone/Email:

Occupation/Vocation:

Faith Tradition:

Describe any and all known medical conditions:

Describe/List all your medications:

Describe any physical limitations and/or dietary restrictions:

List the name(s) of your family doctor(s) and/or any specialist(s):

Have you travelled outside the U.S. in the last two years? If so, where?

Please describe your daily and weekly physical fitness routine:

Describe any physical limitations or concerns:

Describe your anticipated physical training to prepare for this journey:

Describe your daily or weekly spiritual practices or anticipated practices to prepare for this pilgrimage:

Why did you register for this pilgrimage and what would be most meaningful for you at the end of the pilgrimage?

How did you learn about this pilgrimage?

Have you signed and dated the Registration Form, containing the Assumption of Risk and Waiver of Liability and returned it Valerie Brown and Dr. Mukta Panda Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have health insurance? Yes \_\_\_\_\_ No \_\_\_\_\_

Name and policy number of medical insurance carrier:

Do you have travel insurance? Yes \_\_\_\_\_ No \_\_\_\_\_

Name and policy number of travel insurance carrier:

***Please note that this confidential form and the Registration Form with Assumption of Risk and Waiver of Liability must be completed, signed, and returned to:***

Valerie Brown, Lead Smart Coaching, LLC, 95 Old York Rd., New Hope, PA 18938  
1-215-933-9978 Phone  
1-888-563-2060 Fax

Thank you!