

**Just Be, Just Breathe: Reclaiming True Self, Finding Sanctuary: A Courage & Renewal®
Retreat
with Valerie Brown
www.leadsmartcoaching.com
215-933-9978**

Confidential Registration Form & Resources

Thank you for choosing this retreat. I look forward to sharing this experience with you.

There are two easy steps to register for this retreat: (1) complete this form, sign and date it, and return this it to valeriebrown95@gmail.com and (2) make payment by check or by Paypal, following the payment options listed below. It's that simple!

Name _____

Address _____

Email _____

Phone _____

What led you to decide to register for this retreat?

What expectations and desires do you have for this retreat? What would be most meaningful?

What else might be important for me to know about you as I plan this retreat?

How did you learn about this retreat?

Have you participated in a Courage & Renewal® retreat before? If so, where and when?

What is your preferred mode of learning? Select all that apply.

- Visual _____
- Auditory _____
- Kinesthetic _____

Please note any health considerations that I should be aware and any special dietary or physical needs:

Consents

By signing this form, you are consenting to the following:

“I consent to have my email address added to the list of participants in this retreat.”

“I will allow photo images of myself to be used in various advertisement media, for promotion of these retreats. My consent implies agreement that these images may be used in future commercial promotions, without remuneration to me.”

Emergency Contact Information

Name _____ Number _____

Retreat Dates/Time

What retreat dates are you registering for? Check all that apply.

Saturday, February 18, 2017 _____ (Snow dates is Sunday, February 19, 2017.)

Saturday, June 3, 2017 _____

Saturday, December 2, 2017 _____

Each retreat begins at 8:30 am and ends at 4:30 pm.

Cost

\$195.00 Price includes program, materials, facility rental, light breakfast, healthy snacks, and lunch. Full payment is due with registration form. (See Cancellation Policy for refunds.)

Payment Options

By check “payable to” Lead Smart Coaching, LLC and mail to 95 Old York Road, New Hope, PA, or by credit card via PayPal at my secure website:

www.leadsmartcoaching.com/events **DO NOT MAKE PAYMENT TO VALERIE BROWN.**

Please note that PayPal charges are additional and not included in the cost of this retreat.

Retreat Location <http://www.cranaleith.org> Cranaleith Spiritual Retreat Center 13475 Proctor Road Philadelphia, PA 19116 215-934-6206

SUGGESTED READING LIST

- *A Hidden Wholeness* by Parker J. Palmer
- *The Active Life: The Spirituality of Work, Creativity and Caring* and *Let Your Life Speak* by Parker J. Palmer
- *The Road that Teaches: Lessons in Transformation through Travel* by Valerie Brown (QuakerBridge Media, 2012)
- *The Mindful School Leader: Practices to Transform Your Leadership and You* by Valerie Brown and Kirsten Olson (Corwin Press 2015)

- *Living from the Center, Heartfulness: Renewing Heart, Mind and Spirit on Retreat and Beyond*, and *The Mindful Quaker* - these Pendle Hill pamphlets by Valerie Brown are available at www.quakerbooks.org

USEFUL WEBSITES AND EMAIL ADDRESSES

- www.cranaleith.org
- www.couragerenewal.org
- www.leadsmartcoaching.com Valerie’s website ValerieBrown95@gmail.com

Cancellation Policy

All cancellations must be made in writing. No refunds will be issued due to late arrival, early departure, or any unused portion of the retreat. The Assumption of Risk / Liability Waiver form must be signed and completed upon registration. Cancellations received 60 days or less prior to retreat start date, no refund is permitted. Cancellations prior to this will receive a refund of 50% of the cost of the retreat. Lead Smart Coaching, LLC reserves the right to change, modify, or cancel the retreat prior to the start for any reason, including lack of participants or acts of nature and/or circumstances beyond our control. In this case, any payments received will be refunded in full, and this will constitute full settlement. Lead Smart Coaching, LLC is not responsible for any additional expenses due to a cancelled retreat, such as the purchase of non-refundable airline tickets. Lead Smart Coaching, LLC reserves the right to accept, refuse, or decline any participation at any time for any reason of any person. In such a case, Lead Smart Coaching, LLC liability is limited to the actual cost of the unused services.

Disclaimer of Liability & Assumption of Risk

Liability Disclaimer. Lead Smart Coaching, LLC/Valerie Brown hereby expressly disclaims any liability for any personal injury, property damage, accident, delay or irregularity, and any claim for special or consequential damages, or any other loss which may be occasioned by the acts and/or omissions, whether negligent, intentional, wrongful or otherwise, of any entity or individual not under the direct supervision and control of Lead Smart Coaching, LLC/Valerie Brown.

BY SIGNING THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, I ACKNOWLEDGE THAT I HAVE READ THIS AND FULLY UNDERSTAND ITS TERMS, INCLUDING BEING ADVISED I SHOULD OBTAIN INDEPENDENT LEGAL ADVICE, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME. I INTEND MY SIGNATURE TO BE THE ACCEPTANCE OF THIS OFFER.

Your
Signature _____ Date _____

Questions or further information, please contact: Valerie Brown at valeriebrown95@gmail.com